

SAY NORTH DISCIPLINARY ACTIONS

Est. 2010

INFRACTION	PENALTY / DISCIPLINARY ACTION
Abusive language to an official, player, coach, or spectator.	First offense: Yellow Card - Caution Second offense: Red Card - Ejection from the match, One game suspension.
Foul language to an official, player, or spectator.	First Offense: Yellow Card - Caution Second Offense: Red Card - Ejection from the match. One game suspension.
Threatening actions or words towards an official, player, spectator, or coach.	Red Card - Ejection from the match, with one game suspension (next match).
Physical contact with the referee or a player (i.e. grabbing the arm, turning the individual around, poking, bumping, etc.)	Red Card - Ejection from the match and two game suspension.
Aggressive physical contact with the referee or a player with intent to injure (i.e. banging head to ground, stomping, striking defenseless player, etc.)	Red Card - Ejection from the match. Subject to additional penalty, possible expulsion pending SAY North Board review
Spits at an opponent or any other person.	Red Card - Ejection from the match, One game suspension (next match).
Striking an official.	Red Card - Ejection from the match and expulsion for the season.
Striking (closed fist) or deliberately kicking a player with intent to injure.	Red Card - Ejection from the match and 2 game suspension. Second offense for same reason is expulsion for the season.
Refusal to leave the playing field after an ejection.	One game suspension in addition to penalty for original offense.
Any player observed using or under the influence of drugs or alcohol before or during a match, or while on premises.	Red Card - Ejection from the match and four game suspension. Subject to additional penalty, possible expulsion pending SAY North Board review.
Entering or deliberately leaving the field of play without permission of the referees	First offense: Yellow Card - Caution. Second Offense: Red Card - Ejection from the match and one game suspension.
Denies an opponent a goal on an obvious goal-scoring opportunity by deliberately handling the ball (does not apply to goalkeeper within own penalty area).	Red Card - Ejection from the match and one-game suspension.
Denies an opponent a goal on an obvious goal-scoring opportunity to an opponent moving towards the player's goal by an offense punishable by a free kick or a penalty kick.	Red Card - Ejection from the match and one-game suspension.
Delays the restart of play.	First offense: Yellow Card - Caution. Second Offense: Red Card - Ejection from the match and one game suspension.
Fails to respect the required distance when play is restarted with a corner kick or free kick.	First offense: Yellow Card - Caution. Second Offense: Red Card - Ejection from the match and one game suspension.
Engages in dangerous or unsporting behavior off the field with intent to harm.	Red Card - Ejection with four (4) game suspension and possible Expulsion review.
Two cautions (Yellows) in a single game.	Red Card - Ejection from the match and one-game suspension.
Engages in dangerous or unsportsman-like behavior	Card - Ejection from the match, one (1) game suspension. Subject to additional penalty, possible expulsion pending SAY North Board review