

SAY North Disciplinary Actions FOR PLAYERS, COACHES, REFEREES, PARENTS AND SPECTATORS

INFRACTION	PENALTY / DISCIPLINARY ACTION
Abusive language to an official, player, coach, or spectator, including dissent.	First offense: Yellow Card - Caution Second offense: Red Card - Ejection from the game, One (1) game suspension, next game.
Using offensive, insulting, or abusive language and/or gestures or other verbal offenses. Such use does not have to be directly said to anyone only heard or seen by the referee. Such use can be observed anytime before, during or after the game.	Red Card - Ejection from the game. Additional one (1) game suspension, next game
Aggressive physical contact with the referee or player i.e. grabbing the arm, turning the individual around, poking, bumping, etc.	Red Card - Ejection from the game. Additional two (2) games suspension, next two (2) games
Threatening actions or words towards an official, player, spectator, or coach: On the field, sideline or anywhere at the field facility. Before, during or after the game.	Red Card - Ejection from the game. Additional two (2) games suspension, next two (2) games. Subject to review including season and or lifetime expulsion.
Aggressive physical contact with the referee or a player with intent to injure (i.e. banging head to ground, stomping, striking defenseless player, sitting on a player or holding them to the ground, etc.)	Red Card - Ejection from the game. Additional two (2) games suspension, next two (2) games. Subject to additional penalty, possible expulsion pending SAY North Board review
Spits at an opponent or any other person.	Red Card - Ejection from the game. Additional two (2) games suspension next two (2) games
Striking an official.	Red Card - Ejection from the game and expulsion for the season.
Striking (closed fist) or deliberately kicking a player with intent to injure.	Red Card - Ejection from the game and two (2) game suspension, next games. Second offense for same reason is expulsion for the season.
Refusal to leave the playing field and surrounding area after an ejection.	One (1) additional game suspension in addition to penalty for original offense.
Any player observed using or under the influence of drugs or alcohol before or during a game, or while on premises after a game.	Red Card - Ejection from the game and next four (4) games suspension. Subject to additional penalty, possible expulsion pending SAY North Board review.
Entering or deliberately leaving the field of play without permission of the referees	First offense: Yellow Card - Caution. Second Offense: Red Card - Ejection from the game and one (1) game suspension, next game.
Delays the restart of play.	First offense: Yellow Card - Caution. Second Offense: Red Card - Ejection from the game and one (1) game suspension, next game.
Fails to respect the required distance when play is restarted with a corner kick or free kick.	First offense: Yellow Card - Caution. Second Offense: Red Card - Ejection from the game and one (1) game suspension, next game.
Engages in dangerous or unsporting behavior off the field with intent to harm.	Red Card - Ejection with four (4) game suspension and possible Expulsion review.
Two cautions (Yellows) in a single game.	Red Card - Ejection from the game. Additional one (1) game suspension, next game

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Engages in dangerous or unsportsman-like behavior	First Offense: Caution - Yellow Card, Second Offense: Red Card - Ejection from the game, one (1) game suspension next game. Subject to additional penalty, possible expulsion pending SAY North Board review
Receiving a Red Card during post-season play for which the suspension was not served during the post season	Player will serve the appropriate suspension at the next game played even in the following season
Denies an obvious goal scoring opportunity, within their own Penalty Area, WHILE ATTEMPTING to play the ball.	First offense: Yellow Card - Caution Second offense: Red Card - Ejection from the game, One (1) game suspension (next game)
Denies an obvious goal scoring opportunity, within their own Penalty Area, DEEMED NOT ATTEMPTING to play the ball.	Red Card - Ejection from the game and one (1) game suspension (next game)
Denies an obvious goal scoring opportunity, outside their own Penalty Area, DEEMED NOT ATTEMPTING to play the ball.	Red Card - Ejection from the game and one (1) game suspension (next game)
The Say North Board reserves the right to form a special committee to determine the disciplinary action needed to deal with players and/or coaches whose actions do not fall within the current CODE of Ethics or rise to a level deemed too excessive for the current disciplinary dispensation.	One (1) game suspension to expulsion for the season and/or banishment for multiple seasons or life time ban on any level of participation.

The "board" is the SAY North Board members consisting of the President, Vice-President, Secretary, and Treasurer.

BOARD DECISIONS ARE FINAL, AND NOT OPEN FOR APPEAL

Original January 2010, revised February 1, 2018 and March 17, 2021